



ITALY



ITU WINTER TRIATHLON EUROPEAN CHAMPIONSHIPS **Schilpario – Val di Scalve (Italy), 4/5th march 2006**

Event and Contact Information

Race Date: 4/5th march 2006

Contact Informations: FRIESIAN TEAM
Organizer: Marco Zaffaroni
Phone: +39.335.354958
Fax: +39.02.96457364
E-mail: info@friesianteam.com
Internet: www.friesianteam.com
Mail address: Friesian Team
Corso della Vittoria 1034, CARONNO P.IIa (Va) ITALY

ITALIAN TRIATHLON FEDERATION: www.fitri.it

Contact Informations: Gabriella LORENZI
International Technical Area - Athlete Registration and NFs Team Support
Phone: +39.06.36856734 - Fax: +39.06.3336744
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Race Location: Schilpario in Val di Scalve (Bergamo - Italy)





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A brief presentation of Schilpario in Val di Scalve (Bergamo – Italy)

Settled between a 50 kms mountain crown, Scalve Valley is situated at N-E of Bergamo Province and has an area of 40 kmq.

At North and Northeast borders on Valtellina and Sondrio Province. The Valley territory is almost mountain and the altitude is from 750 m. of Dezzo to 2882 m of Monte Gleno.

Dezzo river goes all over its length and runs for 10 kms among "orrido" of "italian via Mala", realized completely in the rock, during the IX century.

The valley was well known after 1000 d.c., thanks to iron deposits and extraction, transformation and trade activities. Further to iron deposits, other beneficial effects came from wide woods, and from them they drewed woods and vegetable coal, precious combustibles utilized for iron fusion and its reduction into mallets and forges. In the area of Azzone is obligatory the visit at the Natural Park "Riserva del Giovetto", known in particular for "Rufa Ant". Colere, at Presolana feet, offers a large area for alpine ski.

Nordic ski can be practiced in Schilpario: hearth of the most beautiful pinewood of Lombardy region with 4 different rings, a jewel for nordic ski lovers.

To Passo del Vivione direction there is a "mining park" with guided visits to iron mines. In Schilpario you can find the Ethnographic Museum situated in an old mill.

In Vilminore there is a Pretorium Palace, built in 1300 and is the place of "Comunità Montana", the smallest of Lombardy. Indoor are kept rooms for prison, while on faced you can see a shelf where jailers put the convicts heads. Near Vilmaggiore village, in the Milk Cooperative the milk is transformed produced in the meadows of Scalve Valley: the homonym cheese is appreciated for its special taste. In Vilminore area along Gleno Valley, you can see the dam's remains, built first years of '900 for electricity.

A tragedy happened on 1st December 1923, when 6 million m³ of water poured along the valley, leaving death and destruction till Iseo Lake.

SCHILPARIO

Schilpario, a village in the Scalve Valley, is one hour and half far away from Bergamo and it is easily reachable from Seriana or Camonica Valley. The village is situated in a Valley, surrounded by mountains and pinewoods. The incredible landscape allows also for who do not ski to make a lot of walkings among nature. Pizzo Camino m.t. 2492 o.s.l is the higher mountain and here you can find the departure for descent among pinewood. The simple descents near the village allows to use a great practice field, served by really good ski teachers. From December to April, there is natural snow, otherwise artificial one when needed. The Nord displaying of descent allows us to have fresh snow till late in the winter time.



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HOW TO REACH SCHILPARIO

Airports

Milano Bergamo "Orio al Serio":	79km – 1h30 far away from Schilpario
Brescia "G.D'Annunzio":	85km – 1h30 far away from Schilpario
Milano Linate:	135km – 2h00 far away from Schilpario
Milano Malpensa:	167km – 2h30 far away from Schilpario
Verona "Catullo":	138km – 2h00 far away from Schilpario

By Car

From Verona: Motorway A4 direction Milano. Exit Bergamo.
From Milano: Motorway A4 direction Venezia. Exit Bergamo
After the pay-toll follow the signs to Valle Seriana-Clusone, road SP35. After Clusone follow the signs to Passo della Presolana-Schilpario, roads SP56, SP59 and SP60.

Useful links

For those who require a detailed route to Schilpario here are several links that will help:

Kataweb mappe: <http://www.kwmappe.kataweb.it/>

By inputting the starting and finishing point of your journey, this site will give you a complete list of roads to follow to your destination.

Mappy: <http://www.mappy.it/>

This site provides the same details as above, however results are given in a map format.

Trenitalia: <http://www.trenitalia.com/>

For those travelling by train this site gives all train times and the functionality to buy tickets on-line (looking for Bergamo railway station/Schilpario).



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Event Details

Distances:

Winter Triathlon	Run	Mountain Bike	Cross Country Ski
Elite/Under23	6,9km – 3 laps	12km – 3 laps	10km – 3 laps
Age Group	6,9km – 3 laps	12km – 3 laps	10km – 3 laps
Junior	6km – 2 laps	8km – 2 laps	6km – 2 laps
Team Relay	2,3km – 1 lap	4km – 1 lap	3,3km – 1 lap

Courses: medium difficulty; rolling slightly courses completely on snow. If on march there will be weather problems the LOC provided alternative courses on artificial snow in good condition

CATEGORIES for age group competitors are: maximum 18 athletes in each category

18 19 years	60 64 years
20 24 years	65 69 years
25 29 years	70 74 years
30 34 years	75 79 years
35 39 years	80 84 years
40 44 years	85 89 years
45 49 years	90 94 years
50 54 years	95 99 years etc.
55 59 years	

TEAM RELAY

The Team consists of 3 athletes of the same nationality and gender without consideration for age category. More than one team may be entered by the same country. The Team Championship is held as a relay of National teams competing all at the same time. The athletes composing the relay, have to complete individually a Winter Triathlon. In a relay all athletes must complete its own Winter Triathlon before passing the relay to his/her team mates with the following distances: Run 2,3km (1 lap); MTB Km4 (1 lap); X Country Ski Km3,3 (1 lap.). All athletes beginning the relay are lined up on the starting line. The relay hand off takes place in the relay area, when the cross-country skier finishing, touches any part of the body of the runner starting the next stretch of the race. Only classic style skiing might be permitted in this area. A team is declared finished when the third athlete crosses the finish line. Classic style only might be allowed in the finish chute.

Team Captain: Each team must name a team captain, who will be responsible for team tactics. No team managers will be allowed on the courses, except in designated coaching areas

Ranking: The team is ranked according to the added finish times of the three individuals.

DNFs: In the event of one athlete not finishing, the team will be placed after the last complete team, taking the time of the finishing athletes into consideration.

Event Regulations: ITU Winter Triathlon rules apply

Results: after the race the results will be published on the internet website: www.competitions.org – www.fitri.it – www.friesianteam.com



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AWARD CEREMONY

- **ELITE INDIVIDUAL CATEGORY**

- Official Medals
- Prize-money: 8.000EURO – TOP 5

Elite Men	Elite Women
€ 1.200,00	€ 1.200,00
€ 1.000,00	€ 1.000,00
€ 720,00	€ 720,00
€ 600,00	€ 600,00
€ 480,00	€ 480,00
€ 4.000,00	€ 4.000,00

- **UNDER23 INDIVIDUAL CATEGORY**

- Official Medals

- **JUNIOR INDIVIDUAL CATEGORY**

- Official Medals

- **TEAM RELAY:**

- Official trophy for the nation + 3 medals for each athlete
- Prize-money: 2.000EURO

Male: 1° Team 500EURO – 2° Team 300EURO – 3° Team 200EURO

Female: 1° Team 500EURO – 2° Team 300EURO – 3° Team 200EURO

- **AGE GROUP CATEGORIES: top 3 finishers (3 men + 3 women each category)**

- Official Medals
- Valle Seriana typical food products

4th march – 16h00: Unofficial Award Ceremony ELITE/U23/JUNIOR
1st, 2nd, 3th Men + Women immediately after the race

5th march – 14h00: Official Award Ceremony



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RACE COURSES

The official maps will be available on the official web site www.friesianteam.com as soon as possible.

REGISTRATIONS

Entry deadline: **18th february 2006**

Entry fee:

Elite Individual Race:	35euro each athlete
Under23 Individual Race:	35euro each athlete
Junior Individual Race:	15euro each athlete
AgeGroup Individual Race:	35euro each athlete
Elite Team Relay Race:	60euro per team

IMPORTANT INFORMATION:

All the registration forms (Elite, Junior, Under23, Age Group and Team Relay) - complete of registration fee payment form - have to be sent to:

ITALIAN TRIATHLON FEDERATION: www.fitri.it

Contact Informations: Gabriella LORENZI

International Technical Area - Athlete Registration and NFs Team Support

Phone: +39.06.36856734 - Fax: +39.06.3336744

E-mail: areatecnica@fitri.it or gabriellalorenzi@fitri.it

PAYMENT METHOD

WIRE TRANSFER (bonifico bancario)

Holder of the account:	Global Sport Logistic
Name of Bank:	Banca Popolare Italiana – C.V. Agenzia di Caronno Pertusella (VA)
Account Number:	141/96
CAB:	50090.0
ABI:	5164-9
CIN:	M
IBAN:	IT72M0516450090000000014196



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LOCAL TRANSFERS: airport/hotel/airport

Contact Informations: Promo Eventi Sport
U.T. della Valle Seriana e Valle di Scalve
Viale Europa 111/A
24028 Pontenossa – Bergamo

Phone: +39.0346.54051
+39.035.704063

Fax: +39.0346.54051

E-mail: info@promoeventisport.it

Internet: www.promoeventisport.it

SERVICES FOR TEAMS AND ATHLETES

The Promo Eventi Sport will guarantee transfer airport/hotel/airport (round trip) only from/to Milano Bergamo "Orio al Serio" airport

ACCOMODATION

Contact Informations: Promo Eventi Sport
U.T. della Valle Seriana e Valle di Scalve
Viale Europa 111/A
24028 Pontenossa – Bergamo

Phone: +39.0346.54051
+39.035.704063

Fax: +39.0346.54051

E-mail: info@promoeventisport.it

Internet: www.promoeventisport.it

MEDIA INFORMATIONS

Contact Informations: MR CARLO BRENA / Cometa Press

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Fax: +39.(0)35.85931191

E-mail: info@cometapress.it

Web-site: www.cometapress.it

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EVENT SCHEDULE "Provisional"

FRIDAY 3th MARCH 2006

10h00 – 19h30	Opening Inquiry Office
10h00 – 19h30	Opening Media Centre
10h00 – 16h00	Opening Accreditation Office
10h00 – 16h00	Athletes Registrations
17h00	Team Managers Briefing: Elite/U23 Athletes Team Managers Briefing: Junior
18h00	OPENING CEREMONY WELCOME DRINK

SATURDAY 4th MARCH 2006

08h00/18h00	Opening Accreditation Office
08h00/18h00	Opening Media Centre
08h00	Opening Transition Area
09h45	Check in: 15minutes before the start the TA will be closed
10h00	ELITE/U23 RACE START: male
11h30	ELITE/U23 RACE START: female
12h00	Opening Transition Area
12h45	Check in: 15minutes before the start the TA will be closed
13h00	JUNIOR RACE START : male
14h00	JUNIOR RACESTART: female
12h00/15h30	Pasta Party
16h00	Award Ceremony
17h00	Team Managers Briefing: Elite Team Relay Technical Briefing: Age Group Athletes

SUNDAY 5th MARCH 2006

08h00 – 12h30	Opening Inquiry Office Opening Media Centre
08h00	Opening Transition Area
09h45	Check in: 15minutes before the start the TA will be closed
10h00	ELITE TEAM RELAY START
11h00	Opening Transition Area
11h45	Check in: 15minutes before the start the TA will be closed
12h00	AGE GROUP START: male
12h10	AGE GROUP START: female
12h00/14h00	Pasta Party
14h00	Official Award Ceremony